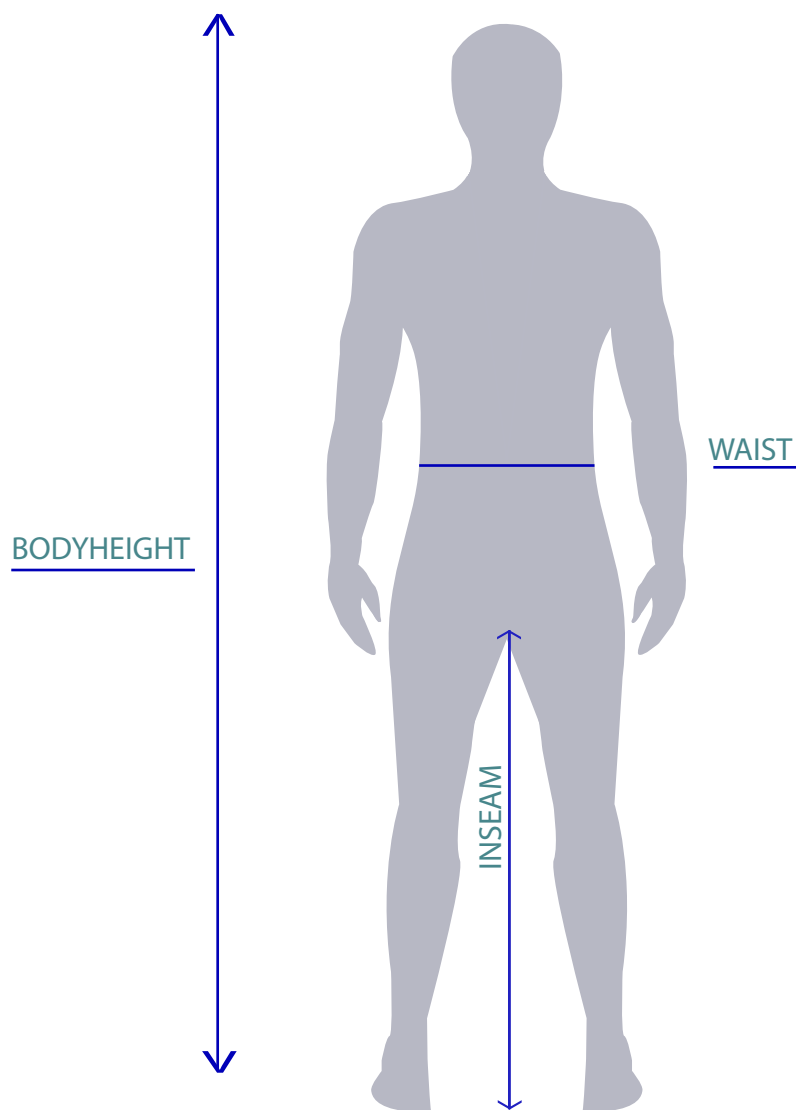




# HOW TO MEASURE FOR FIT



## WAIST

Hold the tape measure snugly at the natural waist, which is usually at the natural indent.

Do not pull tape tight.

Do not measure over the clothing.

## INSEAM

Measure from top of the inner thigh to bottom of the ankle bone -or- using a pair of pants that fit, measure the inside of the leg from the crotch seam to the hemline.

\*Listed below are body measurements that correspond to sizes in each of our different size ranges. If the measurements fall in more than one size range column, depending on the style of the garments, order the largest measurement. Unisex garments are made from male sizing. All measurements are given in inches.

## PANTS/SHORTS

Find your size in the horizontal bar.

The vertical numbers below each size are the actual garment measurements in inches

### FRENCH TOAST PANTS/SHORTS

Size	2T	3T	5
WAIST (INCHES)	21	21 ½	22 ½
INSEAM (INCHES)	14	16	19